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From Carol Vorderman's Detox For Life book, page 78, this carrot and coriander (cilantro) soup is delicious hot or cold.

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Carrot and coriander soup (carol vorderman's

From Carol Vorderman's Detox For Life book, page 78, this carrot and coriander (cilantro) soup is delicious hot or cold.

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Carol Vorderman was born on Bedfordshire, England as Carol Jean Vorderman. She is an actress and writer Fletch Reboot Finds New Life As Relativity Closes

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Carol Vorderman developed a detox diet with Ko Chohan, an expert on complimentary medicine. The diet was revealed in her 28 Day Detox Diet video.

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Adapted from Carol Vorderman s Detox Recipes. 2 tbsp extra virgin olive oil; 1 onion, finely chopped; Agrigirl's Blog. Life, leadership and community supported

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Vorderman, Carol; Chohan, Ko; Bean, Anita Carol Vorderman's Detox for Life: The 28 Day Detox Diet and Beyond

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Piers Morgan's Life Stories (27 April 2012) - Guest; Carol Vorderman's Guide to Maths; Carol Vorderman's Detox Diet; It All Counts, 2010; References Edit

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Carol Vorderman was born on December 24, 1960 in Bedford, Bedfordshire, England as Carol Jean Vorderman. She is an actress and writer, known for Countdown

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