

Conquer Your Fear Of Water: An Innovative Self-Discovery Course In Swimming By Melon Dash

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Melon dash (author of conquer your fear of water)

About Melon Dash: Born in upstate New York, Melon (Mary Ellen) Dash swam competitively as a child and teenager, through four years of college at U. Mass

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An Innovative Self-Discovery Course in Swimming By Melon Dash. Published: April 2006; Conquer Your Fear of Water. An Innovative Self-Discovery Course in Swimming .

How did you conquer your fear of water and learn

Oct 17, 2006 I am twenty eight and never learned to swim. If you are or learned as an adult, how did you do it and did you have conquer your fears to do so?

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Aug 22, 2009 Melon Dash describes her 5 Circles teaching system which cannot fail.

How to overcome your fear of water | aquamobile

2 thoughts on Are You An Adult Learning to Swim? How to Overcome Your Fear of Water

How to overcome your fear of swimming | life and

Some struggle with the idea of swimming, in particular getting their faces in, and fear is what is keeping them out of the water I teach swimming to nervous adults

How to overcome a fear of water (swimming) -

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4 open water fears?and how to conquer them |

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