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How to get over a fear of deep water: 4 steps

Fear of deep water isn't all that different from most Once you have identified your fear, This will definitely work to overcome the fear of shallow water.

Melon dash (author of conquer your fear of water)

About Melon Dash: Born in upstate New York, Melon (Mary Ellen) Dash swam competitively as a child and teenager, through four years of college at U. Mass

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