

# Healthy Soul Food Cooking By Fabiola Gaines

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approximately 10.The soul food cookbook people diabetes, [fabiola demps gains, Easy Healthy Baked Chicken Recipes.

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### **Founders - hebni nutrition consultants**

In her current role she is also the co-author with Fabiola Gaines Month of Meals, Family Style Soul Food, Healthy Director of Nutrition Services

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### **Fabiola demps gaines (author of the new soul food**

Fabiola Demps Gaines is the author of The New Soul Food Cookbook For People With Diabetes (3.44 avg rating, 16 ratings, 2 reviews) and Healthy Soul Food

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